

The Power of CREATIVITY



Creativity is our power to recreate ourselves and our world. It is our ability to work and play with our soul to create a more soulful self and community.

Creativity means “the use of the imagination or original ideas in artistic work.” On this path, we are the artist and the art. Creativity is our *soul power*.

“Creativity is experimenting, growing, taking risks, breaking rules, making mistakes, & having fun.” Mary Lou Cook

Creation is the power of our nature aligned with nature. When we create we claim our power to remember and retell our story in our own voice, way and words. Creativity is a part of nature and our nature. It is as natural as breathing, and just as creations are brought to life through breath in myth, our creations are enlivened by the breath of the soul (“life breath”) . . . and so are we. For, in this process our soul is creating us.



Claim your POWER Creativity will set you free

“Creativity
is intelligence
having fun.”
Einstein

“Creativity
is contagious,
pass it on.”
Einstein



Creativity is Imagination unleashed. It is wild and free.

Creativity requires nothing of you but that you are natural. It does not require effort but a letting go. It is a removal of restraint to allow the creative flow to find its own way into the flow of the unconscious imagination. In its wake the flow of creativity ceases and enlivens you, leaving you energized and inspired.

Let creativity take hold and root in your life. See what grows in your art and your soul's images.

*“The desire to create is the deepest yearnings
of the human soul.”* Dieter F Uchtdorf